

Guide to Free Resources

Make it Stick!

Research shows that around 70% of knowledge and skill learnt on a course is routinely lost within 24 hours if it isn't used or reviewed. That's a bad return-on-investment in anyone's reckoning. There are proven strategies to improve recall, comprehension and transfer. Supervisors should first understand the Forgetting Curve and then follow the steps in Supervisors. Students should use the Make it Stick activities at one-day, one-week and one-month after the training.

[Forgetting Curve](#); [Supervisors](#); [Day-One - Word Search](#); [Week-One - Reflection](#); [Month-One - Self Assessment](#)

Fact Sheets

Fact Sheets are a great way to raise awareness, start group discussions or fill knowledge gaps. Discuss a Fact Sheet topic at monthly safety meetings. Send us a training attendance form with the names of attendances and we'll issue a FREE certificate for anyone participating in all of the first 13 discussion topics (1 My Vehicle through 13 Spirit).

[My Vehicle](#), [Seatbelts](#), [Safe Driving](#), [Speeding](#), [Impairment](#), [Fatigue](#), [Tyres](#), [Headlights](#), [Loose Items](#), [Safety Ownership](#), [Optimism](#), [Emotions](#), [Spirit](#), [Driver Training](#), [Competency](#), [Adult Learning](#), [Attitude Training](#), and [Safety Culture](#)

Toolbox Talks

Toolbox Talks are a recognised way to "stop & think" about the risks associated with a particular task or job. Toolbox Talks are different to training or awareness sessions because the leader, usually a supervisor, is not trying to impart new knowledge or skill. At this point the team should be Competent. Here the leader is attempting to ensure everyone on the work party has a clear understanding of the particular risks and controls. Everyone needs to agree, and where possible 'sign-off' on how we will work (drive).

[How to conduct a TBT](#); [Pre-Start Check](#); [Journey Management](#); and [What is Safe Driving](#)

Resources & Checklists

Please use and share these free resources. You are welcome to copy or modify these forms to meet your individual needs.

[Teachers' Feedback Form](#), [Basic PreStart Checklist](#), [Journey Management Plan](#), [DTA Attendance List](#), [Competency Verification Checklist](#), [Redefine Failure](#), [Root-Cause Analysis](#), [10 Mistakes Parents Make](#), [Risk P1 - Subjective Risk](#), [Risk P2 - Objective Risk](#), [Risk P3 - Controlling Risks](#)

Ask for Help

Keep an eye on the web site as the free materials are constantly being updated. If you need help understanding the materials or facilitating a group session, please ask for help, it's free!

